



# Shoe Insert

INSTRUCTIONS FOR USE AW-CP020103 Rev G 07/23

**TOTAL LEG SUPPORT SYSTEM WITH INFINITE R.O.M. & SHORT APPLICATION TIME**

*From the family whose name means braces*



This device is offered for sale by or on the order of a physician or other qualified medical professional. This device is not intended for reuse on a second patient or for extended use beyond 180 days. This device is not intended to prevent injuries or reduce or eliminate the risk of reinjury.

**Indications:** Indicated for post-injury or post-operative application to grade 1, 2, or 3 ankle sprains, and stable or internally fixed fractures of the foot or ankle. Also indicated for treatment of stable or internally fixed fractures or fractures with bridging callous of the middle to distal tibia or fibula.

**Contraindications:** Contraindicated for unstable fractures or for fractures of the proximal tibia or fibula.

**WARNING:** Do not leave this device in the trunk of a car on a hot day or in any other place where the temperature may exceed 150° F (65° C) for any extended period of time. **If any additional pain or symptoms occur while using this device, seek medical attention.**

If any serious incident has occurred in relation to the device, report to Breg and the competent authority of the Member State in which the user and/or patient is established.



© 2023 Breg, Inc. All Rights Reserved  
2382 Faraday Avenue, Suite 300  
Carlsbad, CA 92008 USA  
Toll Free Tel: 1-800-321-0607  
Local: +1-760-795-5440  
Fax: +1-760-795-5295  
www.Breg.com

EC REP

E/U authorized representative  
MDSS GmbH  
Schiffgraben 41  
D-30175 Hannover  
Germany

## **Shoe Insert** INSTRUCTIONS FOR USE



**1a.** If brace is not fitted, apply by following the Instructions For Use.



**1b.** Loosen the lower calf straps.



**1c.** Open hook and loop closure on the lower calf wrap.



**1d.** Remove ankle wrap from ankle and save for possible further application (when Shoe Insert is not needed).



**2a.** Slip sock onto foot.



**2b.** Cover sock with calf wrap and secure hook and loop closure.

## Shoe Insert INSTRUCTIONS FOR USE



**3a.** Loosen shoe insert forefoot strap, and detach the 2 lower straps from hook patches on the brace uprights.



**3b.** Apply shoe insert to foot.



**3c.** Fasten shoe insert forefoot strap.



**3d.** Rotate shoe insert uprights to align with the lower hinge upright.



**4a.** Attach lower calf straps to shoe insert uprights and pass through D-rings and press back onto itself to secure.



**4b.** The final fit should look like the above picture.